

CV - Prof. Dr. Ulrich Hegerl

Stiftung Deutsche Depressionshilfe
und Suizidprävention
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Personal Details

Place and Date of Birth: 5th June 1953 in Munich, Germany
Nationality: German

Responsibilities

1980-1994	Resident, Senior Resident and Supervising Psychiatrist in the Department of Psychiatry and Psychotherapy, the Laboratory of Clinical Psychophysiology, and the Lithium Outpatient Clinic, Freie Universität Berlin, Germany
1994-1998	Supervising Psychiatrist at the Department of Psychiatry and Psychotherapy, Ludwig-Maximilians-Universität München, Germany
1995-2006	Head of the section Clinical Neurophysiology, Ludwig-Maximilians-Universität München, Germany
1998-2006	Full Professor of Psychiatry, Department of Psychiatry and Psychotherapy, Ludwig-Maximilians-Universität München, Germany
1999-2009	Chair and Spokesman of the German Research Network on Depression and Suicidality (funded by the German Ministry of Education and Research)
2006-2019	Chair and Medical Director of the Department of Psychiatry and Psychotherapy, Universität Leipzig, Germany
2008-2013	Head of the research network "Optimizing suicide prevention programs and their implementation in Europe" (OSPI-Europe, 7 th Framework Program of the European Commission)
since 2008	President of the German Depression Foundation President of European Alliance Against Depression (www.eaad.net)
2011-2014	Head of the research network "Preventing Depression and Improving Awareness through Networking in the EU" (PREDI NU)
2013-2024	Scientific Advisory Council of the German Medical Association
2019-2024	Distinguished Professorship funded by Dr. Senckenbergische Stiftung, Department of Psychiatry, Psychosomatic Medicine and Psychotherapy, University Hospital Frankfurt, Goethe University Frankfurt
since 2025	Research Professorship at the Goethe-University in the Department of Psychiatry, Psychosomatic Medicine and Psychotherapy, University Hospital Frankfurt, Goethe University Frankfurt

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Education

1990	Freie Universität, Berlin, Germany (Psychotherapy)
1987	Freie Universität, Berlin, Germany (Psychiatry, Neurology)
1973-1978	Universität Erlangen, Erlangen, Germany (Medicine)

Academic awards

2025	Award of the Goethe Research Professorship at Goethe University Frankfurt am Main to Prof. Dr. med. Ulrich Hegerl for a period of three years
2019	Award from the German Depression Aid Foundation and the BSW & EWH Foundation Family for the "Peers at Work" project in the DB Group (supported by the Social Security Fund) with the DGPPN Anti-Stigma Award
2019	Awarded the Distinguished Professorship of Goethe University, sponsored by the Dr. Senckenbergische Foundation, working at the Clinic for Psychiatry, Psychosomatics, and Psychotherapy in Frankfurt am Main
2014	The World Health Organization (WHO) recommends the 4-level approach in its published suicide prevention report
2013	German Engagement Award for the "German Alliance Against Depression"
2011	Award "Ideenpark Gesundheitswirtschaft" of the Financial Times for the "German Alliance Against Depression"
2007	European Health Award" (1 st price) for the project „European Alliance against Depression“
2003	Hermann-Simon-Award for Social Psychiatry for the project: „Nuremberg Alliance against Depression“
2003	Clinic Promotion Award 2002 of the Bavarian Federal State Bank for the project: „Nuremberg Alliance against Depression“

Research activities

- More than 700 publications in peer-reviewed journals
- Treatment and prevention of mental disorders (esp. affective disorders, suicidality)
- Public mental health and community based mental health interventions
- Suicide prevention
- Neurobiology of psychiatric disorders
- EEG and functional brain imaging
- Sleep-wake regulation